SIREN FILMS | Developing an effective key person approach

Session 1.5
Proximity maintenance & separation distress

Video – Proximity maintenance & separation distress

What do we mean by Proximity maintenance?

What do we mean by Separation distress?

'We can never remind ourselves too often that a child, particularly a very young and almost dependent one, is the only person in the nursery who cannot understand why he is there. He can only explain it as abandonment, and unless he is helped in a positive and affectionate way, this will mean levels of anxiety, greater than he can tolerate.'

Elinor Goldschmied et. Al

Task 1

Proximity maintenance & separation anxiety - video clip 1	Proximity maintenance & separation anxiety - video
Proximity maintenance & separation anxiety - video clip 2	Proximity maintenance & separation anxiety - video clip 5
Proximity maintenance & separation anxiety - video observation clip 3	

The following clips show children exhibiting proximity maintenance and separation distress.

Bear in mind Elinor Goldschmied's quote whilst observing the clips and:

- Look out for how children maintain their key persons' proximity

- How children show their separation distress and how this is handled by their carers

Proximity maintenace & separation anxiety - video clip 1

Proximity maintenace & separation anxiety - video clip 2

Proximity maintenace & separation anxiety - video clip 3

Proximity maintenace & separation anxiety - video clip 4

Proximity maintenace & separation anxiety - video clip 5

Reflection

- What were your emotions when you watched these clips?

- What do you think are the best ways of supporting children with their need to be close and separation distress? How can practitioners support each other to make this easier?

- Do some of your key children need more time with you than others? Why do you think this is?

- What are the implications for practice in managing the amount of time practitioners spend with their key children?

Action to be taken

From the discussions that you have had with your staff team in this session,are there any issues organisational or personal that you need to take up?